

ALISON B. COSTA, MA, LMFT  
412 Redhill Avenue, Suite 2 (Essex Center)  
San Rafael, California 94960

**Less "CO" More "ME"**  
**CODEPENDENCE, ASSERTIVENESS & INTIMACY WORKSHOP - Part II**

Date of Event: Saturday, September 29, 2012

Time: 10:00 a.m. - 1:30 p.m.

(doors will open 20 min. prior to workshop/please arrive on time)

Please complete the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

**Cost of Workshop = \$ 55.00**

**To register: Please send a check with this registration form made payable to: Alison Costa**

**Alison Costa  
412 Redhill Avenue, Ste. 2  
San Anselmo, CA 94960**

All Materials/snacks will be provided. (be sure to have a good breakfast!)

**Class size is limited.** Please register and prepay to reserve your space.  
Payment is non-refundable unless you find an alternative person to take your space.

Please bring an open spirit, a pen & notebook & wear comfortable clothing (as we will be sitting on the floor part of the time.)

How did you hear about this workshop? \_\_\_\_\_

I have already attended Part I of this series.      Yes / No

**PARKING:** There is ample street and on-site parking spots, in rear/side of building.

\_\_\_\_\_  
Workshop participant

\_\_\_\_\_  
Date